

Introduction

In the Navajo religion and culture, there is an emphasis on how you relate to everything around you. Everything has to be measured, weighed, and harmonious. We call it nizhoni—walking in beauty.

American Indigenous Religions, Lori Cupp (Navajo)

May you always walk in Beauty.

American Indigenous Religions, Ancient Prayer

Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect.

American Indigenous Religions, Chief Seattle (Suquamish)

Let each morn be better than its eve and each morrow richer than its yesterday.

Bahá'í Faith, Bahá'u'lláh: TB, 138

Exalted, immensely exalted is He Who hath removed differences and established harmony.

Bahá'í Faith, Bahá'u'lláh: WMN, #2

Conquering oneself is better than conquering other people.

Buddhism, Dhammapada 104

For self is the master of self; self is the refuge of self. Therefore tame yourself, like a merchant tames a noble horse.

Buddhism, Dhammapada 380

...be sure that everything is done properly and in order.

Christianity, Corinthians I 14: 40 NLT

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law.

Christianity, Galatians 5: 22-23 RSV

Tseng Tzu said: "Each day I examine myself in three ways: in doing things for others, have I been disloyal? In my interactions with friends, have I been untrustworthy? Have not practiced what I have preached?"

Confucianism, Analects 1: 4

[A] person consists of desires. And as is his desire, so is his will; and as is his will, so is his deed; and whatever deed he does, that he will reap.

Hinduism, Brihadaranyaka Upanishad 4: 5

And so strength must come to the nation through education.

Hinduism, Swami Vivekananda, Sayings and Utterances

And whoso maketh efforts for Us, in Our ways will we guide them.

Islam, Qur'án 29: 69

And God loves those who are firm and steadfast.

Islam, Qur'án 3: 146

Fight with yourself; why fight with external foes? He who conquers himself through himself will obtain happiness....

Jainism, Uttaradhyayana Sutra 9.35

Difficult to conquer is oneself; but when that is conquered, everything is conquered.

Jainism, Uttaradhyayana Sutra 9.36

For the commandment is a lamp, and the teaching is light, and reproofs of instruction are the way of life.

Judaism, Mishlei (Proverbs) 6: 23 JPS

Beloved is man, for he was created in the image of God. But it was by a special love that it was made known to him that he was created in the image of God.

Judaism, Mishnah, Abot 3: 18

Man wails over the loss of what he calls his:
Know, the Self is not perishable.
Sikhism, Adi Granth, Gauri, M.5, p. 188

Simplicity, patience, compassion. These three
are your greatest treasures.
Taoism, Tao Te Ching 67

This do I ask, O Lord, reveal unto me the truth!
Zoroastrianism, Zvesta, Yasna 44: 3

Compiled by: W. Huitt
Developed: 2001; Last revised April 2014
Available at: <http://www.science-religion.org/individual/01-interfaith-intro.pdf>